



# August 2018



Gardening Wk	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2		<b>30TH JULY - SKIN CANCER CLINIC ON SITE - BOOKINGS AT THE OFFICE PLEASE.</b>	<i>Retirement Happiness:</i> <b>LOVE</b> Gratitude Big Smiles Purpose Contentment with Life <b>Well-Being</b> Joy Fun <b>F-R-E-E-D-O-M</b> Quiet Moments - Busy Times	<b>1</b> 10AM TRASH AND TREASURE <b>10.30AM RESIDENTS MEETING</b> <b>12PM RESIDENTS LUNCHEON</b> 2PM INDOOR BOWLS 4PM LINE DANCING	<b>2</b> <b>9-11 FRUIT AND VEG</b> 9AM STRATH SHOPPING 10AM BENDIGO SHOPPING 10AM KNOW YOUR BIBLE 11AM TECH CLINIC 12PM BENDIGO SHOPPING	<b>3</b> <b>HAIRDRESSER</b> 9AM STRATH SHOPPING 9.30AM PERSONAL TRAINING 10AM BENDIGO SHOPPING 10.15AM RC COMMUNION 12PM BENDIGO SHOPPING 1PM BALLROOM DANCING 4.30PM HAPPY HOUR	<b>4</b> 2PM - INDOOR BOWLS
3	<b>5</b> <b>1.30pm CARDMAKING AND CRAFT SESSION</b>	<b>6</b> 9AM U3A ARTS 10.30 EXERCISE GROUP 12.45PM SENIOR CITZ 2PM CARDS AND GAMES 2PM FRIENDSHIP HOUR <b>5.45PM ONE TREE HILL HOTEL DINNER</b> 7.15PM ADV ITALIAN GROUP	<b>7</b> 9.20 MAHJONG 10AM BENDIGO SHOPPING 10.30AM CHURCH 12PM BENDIGO SHOPPING 2PM EMBROIDERY GROUP 7PM EVENING BOWLS	<b>8</b> <b>BEAUTY THERAPIST</b> 2PM INDOOR BOWLS 4PM LINE DANCING	<b>9</b> <b>9-11 FRUIT AND VEG</b> 9AM STRATH SHOPPING 10AM BENDIGO SHOPPING 10AM KNOW YOUR BIBLE 11AM TECH CLINIC 12PM BENDIGO SHOPPING	<b>10</b> <b>HAIRDRESSER</b> 9AM STRATH SHOPPING 9.30AM PERSONAL TRAINING 10AM BENDIGO SHOPPING 10.15AM RC COMMUNION <b>10AM GARDEN GROUP TOUR</b> 12PM BENDIGO SHOPPING 1PM BALLROOM DANCING 4.30PM HAPPY HOUR	<b>11</b> 2PM - INDOOR BOWLS
4	<b>12</b> <b>12 NOON COMMUNITY CENTRE - PRIVATE BOOKING</b>	<b>13</b> 9AM U3A ARTS 10.30 EXERCISE GROUP 12.45PM SENIOR CITZ 2PM CARDS AND GAMES 7.15PM ADV ITALIAN GROUP	<b>14</b> <b>HEARING CLINIC FROM 1PM</b> 9.20 MAHJONG <b>9.30AM OCC MEETING</b> 10AM BENDIGO SHOPPING <b>11.45AM RSL LUNCHEON</b> 12PM BENDIGO SHOPPING 2PM EMBROIDERY GROUP 7PM EVENING BOWLS	<b>15</b> 2PM INDOOR BOWLS 4PM LINE DANCING	<b>16</b> <b>9-11 FRUIT AND VEG</b> 9AM STRATH SHOPPING 10AM BENDIGO SHOPPING 10AM KNOW YOUR BIBLE 11AM TECH CLINIC 12PM BENDIGO SHOPPING	<b>17</b> <b>HAIRDRESSER</b> 9AM STRATH SHOPPING 9.30AM PERSONAL TRAINING 10AM BENDIGO SHOPPING 10.15AM RC COMMUNION 12PM BENDIGO SHOPPING 1PM BALLROOM DANCING 4.30PM HAPPY HOUR	<b>18</b> 2PM - INDOOR BOWLS
1	<b>19</b> <b>2PM TRIVIA</b> 	<b>20</b> 9AM U3A ARTS 10.30 EXERCISE GROUP 12.45PM SENIOR CITZ 2PM CARDS AND GAMES 7.15PM ADV ITALIAN GROUP	<b>21</b> <b>9AM LANSELL PLAZA BUS RUN</b> 9.20 MAHJONG 10AM BENDIGO SHOPPING 10.30AM CHURCH 12PM BENDIGO SHOPPING 2PM EMBROIDERY GROUP 7PM EVENING BOWLS	<b>22</b> <b>BEAUTY THERAPIST</b> 2PM INDOOR BOWLS 4PM LINE DANCING	<b>23</b> <b>9-11 FRUIT AND VEG</b> 9AM STRATH SHOPPING 10AM BENDIGO SHOPPING 10AM KNOW YOUR BIBLE 11AM TECH CLINIC <b>11.45AM ALL SEASONS LUNCH</b> 12PM BENDIGO SHOPPING	<b>24</b> <b>HAIRDRESSER</b> 9AM STRATH SHOPPING 9.30AM PERSONAL TRAINING 10AM BENDIGO SHOPPING 10.15AM RC COMMUNION 12PM BENDIGO SHOPPING 1PM BALLROOM DANCING 4.30PM HAPPY HOUR	<b>25</b> 2PM - INDOOR BOWLS
2	<b>26</b> <b>2PM BINGO</b>	<b>27</b> 9AM U3A ARTS 10.30 EXERCISE GROUP 12.45PM SENIOR CITZ 2PM CARDS AND GAMES 7.15PM ADV ITALIAN GROUP	<b>28</b> 9.20 MAHJONG 10AM BENDIGO SHOPPING 12PM BENDIGO SHOPPING 2PM EMBROIDERY GROUP <b>2PM GARDENING CLUB</b> 7PM EVENING BOWLS	<b>29</b> <b>12PM "GETTING TO KNOW YOU" LUNCHEON</b> 2PM INDOOR BOWLS 4PM LINE DANCING	<b>30</b> <b>9-11 FRUIT AND VEG</b> 9AM STRATH SHOPPING 10AM BENDIGO SHOPPING 10AM KNOW YOUR BIBLE 11AM TECH CLINIC 12PM BENDIGO SHOPPING	<b>31</b> <b>HAIRDRESSER</b> 9AM STRATH SHOPPING 9.30AM PERSONAL TRAINING 10AM BENDIGO SHOPPING 10.15AM RC COMMUNION 12PM BENDIGO SHOPPING 1PM BALLROOM DANCING 4.30PM HAPPY HOUR	

**HAIRDRESSER** - CHERYL IS HERE FROM 9AM TO 1PM AND CAN BE CONTACTED ON 0437 441 276 FOR APPOINTMENTS. BRITTANY IS BY APPOINTMENT ON MONDAYS. CALL 0412 805 069

**BEAUTY THERAPIST** - TISH IS HERE EVERY 2ND WEDNESDAY AND CAN BE CONTACTED ON 0412 805 069 FOR ALL APPOINTMENTS

**EAGLEHAWK HEARING CLINIC** WILL BE ATTENDING ON THE 2ND TUESDAY OF EACH MONTH FROM 1 - 3.30PM. PLEASE CALL 5446 3399 WITH ANY QUERIES OR TO BOOK AN APPOINTMENT

**FRUIT AND VEG SALES** - MICHAEL IS HERE EVERY THURSDAY FROM 9-11AM. HE IS PARKED IN OUR BUS PARKING AREA. PHONE MICHAEL ON 0427 438 812 FOR ANY SPECIAL ORDERS.