






October 2018



Garden Week	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
3		1 9AM U3A ARTS 10.30 EXERCISE GROUP 12.45PM SENIOR CITZ 2PM CARDS AND GAMES 2PM FRIENDSHIP HOUR 5.45PM BRAIDIE'S TAVERN DINNER 7.15PM ADV ITALIAN GROUP	2 9.20 MAHJONG 10AM BENDIGO SHOPPING 10.30AM CHURCH 12PM BENDIGO SHOPPING 2PM EMBROIDERY GROUP 7PM EVENING BOWLS	3 <i>BEAUTY THERAPIST</i> ELMORE FIELD DAYS 2PM INDOOR BOWLS 4PM LINE DANCING	4 <i>FOOT CLINIC</i> 9AM STRATH SHOPPING 9.30AM FRUIT AND VEG 10AM BENDIGO SHOPPING 10AM KNOW YOUR BIBLE 11AM TECH CLINIC 12PM BENDIGO SHOPPING	5 <i>HAIRDRESSER</i> 9AM STRATH SHOPPING 9.30AM PERSONAL TRAINING 10AM BENDIGO SHOPPING 10.15AM RC COMMUNION 12PM BENDIGO SHOPPING 1PM BALLROOM DANCING 4.30PM HAPPY HOUR	6 2PM - INDOOR BOWLS 
	7	8	9	10	11	12 <i>HAIRDRESSER</i>	13
SENIORS WEEK - CHECK YOUR BOOKLET FOR DETAILS OR www.bendigo.vic.gov.au/seniorsfestival - program over page							
4	1.30PM CARDMAKING AND CRAFT SESSION	9AM U3A ARTS 10.30 EXERCISE GROUP 12.45PM SENIOR CITZ 2PM CARDS AND GAMES 7.15PM ADV ITALIAN GROUP	9.20 MAHJONG 9.30AM OCC MEETING 10AM BENDIGO SHOPPING 11.45AM RSL LUNCHEON 12PM BENDIGO SHOPPING 2PM EMBROIDERY GROUP 7PM EVENING BOWLS	11AM SENIORS FESTIVAL RACE DAY 2PM INDOOR BOWLS 4PM LINE DANCING	9AM STRATH SHOPPING 9.30AM FRUIT AND VEG 10AM BENDIGO SHOPPING 10AM KNOW YOUR BIBLE 11AM TECH CLINIC 12PM BENDIGO SHOPPING 1pm - CWA - ELDER ABUSE FORUM, COMMUNITY CENTRE	9AM STRATH SHOPPING 9.30AM PERSONAL TRAINING 10AM BENDIGO SHOPPING 10.15AM RC COMMUNION 12PM BENDIGO SHOPPING 1PM BALLROOM DANCING 4.30PM HAPPY HOUR	2PM - INDOOR BOWLS
	14	15 SKIN CANCER CLINIC 9AM U3A ARTS 10.30 EXERCISE GROUP 12.45PM SENIOR CITZ 2PM CARDS AND GAMES 7.15PM ADV ITALIAN GROUP	16 HEARING CLINIC 9AM LANSELL PLAZA BUS RUN 9.20 MAHJONG 10AM BENDIGO SHOPPING 10.30AM CHURCH 12PM BENDIGO SHOPPING 2PM EMBROIDERY GROUP 7PM EVENING BOWLS	17 BEAUTY THERAPIST 10.30AM RESIDENTS MEETING 12PM RESIDENTS LUNCHEON 2PM INDOOR BOWLS 4PM LINE DANCING	18 FOOT CLINIC 9AM STRATH SHOPPING 9.30AM FRUIT AND VEG 10AM BENDIGO SHOPPING 10AM KNOW YOUR BIBLE 11AM TECH CLINIC 11.45AM ALL SEASONS LUNCH 12PM BENDIGO SHOPPING	19 HAIRDRESSER 9AM STRATH SHOPPING 9.30AM PERSONAL TRAINING 10AM BENDIGO SHOPPING 10.15AM RC COMMUNION 12PM BENDIGO SHOPPING 1PM BALLROOM DANCING 4.30PM HAPPY HOUR	20 2PM - INDOOR BOWLS
1	21 2PM TRIVIA	22 9AM U3A ARTS 10.30 EXERCISE GROUP 12.45PM SENIOR CITZ 2PM CARDS AND GAMES 7.15PM ADV ITALIAN GROUP	23 9.20 MAHJONG 10AM BENDIGO SHOPPING 12PM BENDIGO SHOPPING 2PM EMBROIDERY GROUP 2PM GARDENING CLUB 7PM EVENING BOWLS	24 2PM INDOOR BOWLS 4PM LINE DANCING 	25 9AM STRATH SHOPPING 10AM BENDIGO SHOPPING 10AM KNOW YOUR BIBLE 11AM TECH CLINIC 12PM BENDIGO SHOPPING	26 HAIRDRESSER 9AM STRATH SHOPPING 9.30AM PERSONAL TRAINING 10AM BENDIGO SHOPPING 10.15AM RC COMMUNION 12PM BENDIGO SHOPPING 1PM BALLROOM DANCING 4.30PM HAPPY HOUR	27 2PM - INDOOR BOWLS
	28 2PM BINGO 	29 9AM U3A ARTS 10.30 EXERCISE GROUP 12.45PM SENIOR CITZ 2PM CARDS AND GAMES 7.15PM ADV ITALIAN GROUP	30 9.20 MAHJONG 10AM BENDIGO SHOPPING 12PM BENDIGO SHOPPING 2PM EMBROIDERY GROUP 7PM EVENING BOWLS	31 BEAUTY THERAPIST 2PM INDOOR BOWLS 4PM LINE DANCING	 		
3							